
published in Nursing and Residential Care,
31 December 2024

[link to Nursing and Residential Care article](#) [1]



Source URL: <https://helencowan.co.uk/what-your-head-says-about-your-heart>

Links

[1] <https://www.magonlinelibrary.com/doi/full/10.12968/nrec.2024.0044>